



Visit us on our website:
www.chesapeakegymnastics.net

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HAVE A LARGE FAMILY?

WANT TO SIGN UP FOR MORE THAN ONE CLASS?

Chesapeake Gymnastics offers a 10% discount for families with more than one child enrolled or for those enrolled in more than one class!

CHEERLEADING:

| | |
|-------------------|---|
| Tumble for Cheer | 5 |
| All-Star Cheer | 5 |
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Our Birthday Party Package Includes

- Tour of our training facility
- Safety in the gym lesson
- 50 - 55 minutes of basic gymnastic instruction
- Professional coaching staff to supervise the lessons
- After party clean up!
- You provide the paper products, food, snacks, cake, favors, etc...
- We provide the fun!

Affordable Rates! Call for Details

Trampoline CLASSES:

| | |
|----------------------|---|
| Trampoline | 2 |
| <u>CAMPS:</u> | |
| Camps | 4 |
| Trampoline Camp | 4 |



Chesapeake Gymnastics, LLC
 8610 Commerce Dr. Suite 1
 Easton, MD 21601

Summer Classes Start June 8th!

Camps Start June 15th

Class Offerings for Ages 2 thru 6

We reserve the right to cancel a Class that is not full

TUMBLE BUNNIES:

(for ages 2 to 4 years)

The dream begins here! Students learn basic tumbling, floor, vault, and beam moves to improve their hand-eye coordination and motor skills. We familiarize students with Gymnastics Vocabulary. Safety is stressed in all classes.



| | | |
|-------|----------------------|-------------------|
| TB001 | Monday | 9:30—10:15am |
| TB002 | Wednesday | 9:00—9:45am |
| TB003 | Thursday | 4:30—5:15pm |
| Fees: | \$110.00 for 8 weeks | \$125 for 9 weeks |

SUPER TOTS:

(for ages 4 to 6 years)

An advanced class for the older "Tumble Bunny" students. Students continue to work on their tumbling, floor, vault, and beam moves. Safety is stressed in all classes.



| | | |
|-------|----------------------|----------------------|
| ST001 | Thursday | 10:30—11:15am |
| ST002 | Tuesday | 4:30 — 5:15pm |
| Fees: | \$110.00 for 8 weeks | \$130.00 for 9 weeks |

Class Offerings for Ages 5 and Up

STRUCTURED RECREATION GYMNASTICS:

(for ages 6 to 11 years)

A perfect class for kids that want to have fun with the sport of gymnastics without the pressures of competition. We help your child develop in a supervised instructional plan that will allow him/her to move to a team if desired, or they can just hang out and have fun!

| | | |
|-------|-------------------|-------------------|
| RG001 | Monday | 5:00—6:00pm |
| RG002 | Wednesday | 6:00—7:00pm |
| Fees: | \$115 for 8 weeks | \$130 for 9 weeks |

Class Offerings for Ages 5 and Up Continued

We reserve the right to cancel a class that is not full

BOYS' RECREATION GYMNASTICS:

(for ages 5 to 11 years)

A class just for BOYS! This class will follow the Rainbow Recreation standards, but there will be NO GIRLS!

| | | |
|--------|-------------------|-------------------|
| BRG001 | Tuesday | 4:30—5:30pm |
| Fees | \$115 for 8 weeks | \$130 for 9 weeks |

TRAMPOLINE

(Age related groups for ages 5-18 years)

Trampoline, Double Mini Tramp and Tumbling. A 10 min. safety course for both the parent and the student is required prior to the start of the first class. At the end of the summer qualified students will be invited to advance to the competitive trampoline team.

| | | |
|----------|----------------------|-----------------------|
| Tramp001 | Wed. | 5:30—6:30pm |
| Fees: | \$125.00 for 8 weeks | \$ 140.00 for 9 weeks |

Competitive Gymnastics

PRE-TEAM:

This is where the REAL work begins! Students in this class will learn the Level 4 compulsory routines necessary to compete with the TEAM! Testing is necessary to reach this level.

| | | |
|----------|-------------------|-------------------|
| Pre Team | Monday | 5:30-7:30 |
| Cost | \$230 for 8 weeks | \$280 for 9 weeks |

Junior Level 4

| | | |
|--------|--------------------------------------|----------------------|
| JTM001 | Tuesday | 5:30-7:30pm |
| | Thursdays | 5:30-7:30pm |
| | **attendance is required both days** | |
| Fees: | \$250.00 for 8 weeks | \$280.00 for 9 weeks |

Boys Jr. Pre-Team: The boys get ready for competition. The boys will learn the level 4 routine and prepare for the competition season.

| | | |
|---------|-------------------------|----------------------|
| BJPT001 | Tuesday and Thursday | 3:30 to 4:30 pm |
| | \$250.00.00 for 8 Weeks | \$300.00 for 9 Weeks |

Competitive Gymnastics

We reserve the right to cancel a class that is not full

TEAM:

This class will FINE TUNE what you have learned in pre-team and Junior Level 4 prepare you for COMPETITION! Once you reach the "TEAM", you have earned the privilege to wear the TEAM jacket and many other extras that are afforded only to "TEAM MEMBERS". Learn such skills as team work, presentation and discipline. Ask how our girls and boys have excelled in our program to reached championship status and have had fun doing it.

Level 4

TM004 Tuesday & Thursday 5:15—8:00pm
Fees:\$300 for 8weeks \$340.00 for 9 weeks

Level 5

TM005 Monday & Thursday 5:15—8:00pm
Fees:300.00 for 8 weeks \$340.00 for 9 weeks



BOYS' TEAM:

This class fine tunes what you learned from PRE-TEAM. Enjoy the same privileges afforded to the girls' teams. The boys are taught discipline, life skills and how to achieve personal goals. Once you reach the "TEAM", you have earned the privilege to wear the TEAM jacket and many other extras that are afforded only to "TEAM MEMBERS". Learn such skills as team work, life skills and discipline.

Ages 7-12 BTM001 Tuesday & Wednesday 4:30-6:30pm
Fees: \$295.00 for 8 weeks \$340.00 for 9 weeks



All classes at Chesapeake Gymnastics are lead by USA Gymnastics Safety Certified Instructors



Technique Workshops:

In the mornings we will concentrate on technique and routines doing everything except sequences. In the afternoons, we will work on stunts, and other fun things relating to gymnastics.

Ready for Competition:

Start practicing the new fall routines! You won't want to miss these camps!

Boys Level 4-6 (boys only): SC010 July 13—17 9:00am - 4:00pm
Fee: \$165 / 5 days

Pre Team Camp SC006 June 29—July 3 9 am—4 pm Fee \$165/5 days

Junior Level 4: SC002 July 20-24 9:00am - 4 pm Fee: \$165/5 days

Level 4: SC004 June 22-26 9:00am to 4 pm Fee:165.00/5 days

This camp is for new level 4's as well as established level 4's.

Level 5&6: Camp SC005 June22-26 9:00am - 4:00pm Fee: \$165/5 days

Trampoline Camp: SC001 Aug. 10-14 9am—4 pm Fee \$165/5 days
We reserve the right to cancel a camp that is not full

Recreation Camps

Recreation Camp: SC007 July 6—July 10 Just a good old fashion fun camp

Recreation Camp: SC008 July 27—31 Just a good old fashion fun camp

We reserve the right to cancel a camp that is not full

\$95 Adventure Camps

Unless you have the letters ATM stamped on your forehead you are probably looking for a reasonable camp for the kids. Well here it is.

95 camp 1 June 15-19 (Ocean Adventures)

95 camp 2 June 22-26 (Ocean Adventures)

95 camp 3 July 6-10 (Jungle Fever)

95 camp 4 July 13-17 (Jungle Fever)

95 camp 5 Aug 3 -7 (Pirate Hunt)

95 camp 6 Aug 10-14 (Pirate Hunt)

Lots of fun at a small cost to mom and dad. Extra activities are available at a nominal fee.

We reserve the right to cancel a camp that is not full

Why Learn Cheerleading from us?

Our coaches all have experience training both Gymnast and Cheerleaders. All of our coaches have taken safety classes to help insure that your child learns in the safest environment possible.

All coaches attend clinics and seminars to stay up to date on the latest training techniques.

We train our Gymnast and Cheerleaders from the ground up to insure that all Cheer moves, Stunts and Gymnastics are learned in a safe structured and progressive manner. This is why we consistently train Gymnast that score 9's in Gymnastics competitions and Cheerleaders that bring home championships.

Cheap Training Is Not Cheap.

Cheerleading

TUMBLING FOR CHEER:

Enhance your cheerleading! Learn from the LEADERS on the Shore! In this class, you will learn: Back Hand Springs, Aerials, Walk-Over, Tumbling, and Much, Much, More! Get ready for try outs call us today. All coach's are safety certified. We stress safety above all.

Ages 8-18 8 Weeks \$160.00 9 Weeks 175.00

CH001T Tuesday 5:30—6:30pm

CH001th Thursday 5:30—6:30pm

We reserve the right to cancel a class that is not full

S C Elite

Now is your chance to be a part of the most elite All-Star Cheerleading program on the Eastern Shore! We are looking for girls of ALL AGES who have a passion for cheerleading, tumbling, and competing. Previous tumbling and cheer experience is recommended, but not a must.

Maryland State Champs 2007 and Second place Worlds competition

Call Today for more information: 410-822-8633

Practice Tues and Thurs. 6:30—8:30 Includes tumbling class 5:30-6:30

This is year round Cheer \$150.00 a month

**Register for classes or camps
on-line at**

www.chesapeakegymnastics.net

Prices on-line are for 9 weeks

Call for 8 weeks or leave note on line.

WANTED

All-Star Cheerleaders

Now is your chance to be a part of the most elite All-Star Cheerleading program on the Eastern Shore!

We are looking for girls & boys of ALL AGES who have a passion for cheerleading, tumbling, and competing.

Previous tumbling and cheer experience is not required, but is a plus.

Come and be a part of This award winning team! Marlise Ricker/Coach



SC ELITE

**All-Star Cheerleading
2007 Maryland State Champs!
Worlds competition
Second Place**

Ask about our payment plans. We Accept Credit Cards.